

# SALSASANA

A docuseries rooted in social commentary that celebrates physical movement, *Salsa Sana* is the travel show of your dancing dreams. *Salsa Sana* tells stories through a local lens, providing a glimpse into the true spirit of dance.

Part travelogue, part documentary, and part dance education guide, *Salsa Sana's* hosts spin through Latin America, learning to dance with the best teachers in the world. At each location, hosts meet with influencers & pillars of the local community to explore what drives individuals to dedicate their lives to the art of dance. Learn about the rich history of street dancing and why it's such an important practice post-COVID.

EPISODE

1

## Women & Salsa

In Guadalajara, Mexico City, and Morelia, Mexico meet local female legends and learn what it means to be part of the salsa community. Explore the rich history of the strong females behind salsa music & dance; learn the basic salsa step and dance along to the music.

EPISODE

2

## Bachata & Salsa

Explore the similarities between bachata from the Dominican Republic and salsa. Meet the dancers & musicians and learn a basic bachata step from a master; practice how to turn like a salsa pro.

EPISODE

3

## Sexuality & Salsa

From hypersexualized competition performers to queer dancers, salsa has a complex history in sex & sexuality. Meet the dancers for whom sex sells, get to know Latin America's most forward-thinking queer performers, and learn about the history of sexuality & salsa. Practicing turning left with your hosts.

EPISODE

4

## Sound & Salsa

Do you prefer hard or soft salsa? The question has divided the community since salsa's inception. In Cuba, we'll investigate the roots of salsa music and explore the rhythms that keep the dance community moving. Meet past legends & current performers shaking up the artform. Learn cross-body lead with your hosts.

EPISODE

5

## Latin Rhythms & Salsa

Where does salsa dance come from – and what has it inspired? Tango, danzón, merengue, cumbia, cha-cha and samba: learn about the styles that influence salsa and how modern masters incorporate stylings from other Latin dances to enrich their performances. Combine cross-body lead with a turn along with your hosts.

EPISODE

6

## African Rhythms & Salsa

Where does salsa come from – and what has it inspired? Explore tumba, timba, guracha, zouk and kizomba. In Cuba, listen to the rhythms to keep dancers moving the world over. Learn a basic shine routine with your hosts.

EPISODE

7

## Competition & Salsa

Are you a professional salsa dancer if you don't compete? Hear from artists performing on the competition circuit to address the modern rules post-COVID. Look at past legends and shadow event organizers behind the smoke & mirrors of the professional dance world. Visit a series of "non-competitive" salsa events to explore performance without ratings. Continue learning the shine routine from your hosts.

EPISODE

8

## Hollywood & Latin Rhythms

Hollywood has been driven by Latin rhythms since the birth of Hollywood. Learn about racism in Hollywood, classic movies, and stars & scandals of yesteryear. Delve into Latin cinema of recent years and the resurgence of the musical. Practice the entire basic shine routine with your hosts.

